

## Study Newsletter

Issue 2



### Thank you for taking part in this important study

Welcome to the second newsletter for the HORIZONS study. There has been great progress since the first. We have finished inviting patients to take part in the study now and we have reached our target of involving over 3,000 patients. A total of **3442** patients are involved from 110 hospitals across the UK and we have received over **2800** of the first questionnaires! This is fantastic news as we want to gather as many patients' views as possible to get a whole range of experiences.

Soon we can start to analyse your answers and this will help us build up a picture of people's experiences and feelings before and at the start of treatment. It will also give us a reference point to compare with your answers from the follow-up questionnaires.

There is already a lot of interest in this work both within the UK and internationally. It has the potential to make a real difference to the lives of people living with and beyond these cancers. But we could not do it without you. Thank you so much for taking the time to complete the questionnaires and returning them to us!

With best wishes,

**Professor Claire Foster**, Chief Investigator for the HORIZONS Study

### We want to hear from you!

We know that people's experiences of cancer and its treatment vary. To understand this, it's very important that we gather information on the whole range of people's experiences. That's why questionnaire answers from **everyone** in the study are important to us. Even if you've finished treatment, don't have any symptoms, or have moved on with your life, we still very much want to hear from you. **All your experiences are important!**



### Who is taking part?

**3,442** patients taking part in HORIZONS

**1,434**

Breast cancer patients  
(under 50 years old)

**1,289**

Gynaecological cancers  
patients

**719**

Non-Hodgkin's lymphoma  
(NHL) patients

222 Cervical  
cancer patients

839 Endometrial  
cancer patients

189 Ovarian  
cancer patients

39 Vulval cancer  
patients

## Patients are taking part from 78 NHS health trusts and boards

That's **110** hospitals across the UK!



Find out more about your site:

[https://horizons-hub.org.uk/participating\\_sites.html](https://horizons-hub.org.uk/participating_sites.html)

## HORIZONS Fact File #1

### Age of patients taking part

At the time of writing, the average age of patients taking part in HORIZONS by each cancer type is as follows:

Breast cancer	NHL	Cervical cancer	Endometrial cancer	Ovarian cancer	Vulval cancer
42.6	65.5	46.2	64.8	60.7	62.3

## The HORIZONS website



We have recently updated and improved our HORIZONS website. Do check out the "For Participants" section which includes interactive graphics, Frequently Asked Questions and a blog from one of our HORIZONS patient representatives who advises us on running the study.

Visit our website:

[www.HORIZONS-hub.org.uk](http://www.HORIZONS-hub.org.uk)



About Us



Participants



Participating Sites



Researchers

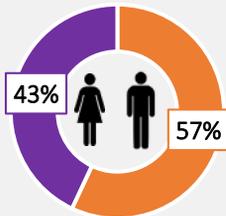


News & Events

## HORIZONS Fact File #2

### Gender breakdown of NHL patients

Men and women with Diffuse Large B Cell NHL are taking part, this is the gender split of patients:



This split is similar to what is reported by Cancer Research UK.

## You can now complete our follow-up questionnaires online

Over **12%** of patients have completed our questionnaires online. If you would like to try this out, please contact us for more information (see our details below).



- You will see the same questions as the paper questionnaires
- You can use your PC/laptop or tablet device
- Your answers are automatically saved so you can start and stop at any time

## Please keep in touch

If you have any questions or comments about taking part in HORIZONS, we would really like to hear them. We also want to make sure that these newsletters are as useful as possible so please let us know what you think of this edition and if there is anything you would like to see in our next one.

For questions about HORIZONS or newsletter feedback please:



Email us: [HORIZONS@soton.ac.uk](mailto:HORIZONS@soton.ac.uk)

Our office is open Mon-Fri (9am-5pm) and is closed on public holidays



Call us: **02380 59 26885** (standard call charges apply)

We will be on hand to help you speak to the right study team member

For study updates and the latest news please:



Visit our website:

[www.HORIZONS-hub.org.uk](http://www.HORIZONS-hub.org.uk)



Follow us on Twitter:

[@HORIZONS\\_MSRG](https://twitter.com/HORIZONS_MSRG)

# HORIZONS

## HORIZONS interviews



Interview Team

Dr Jane Frankland

Dr Nicole Collaço

Alongside the HORIZONS questionnaire work, we want to understand how people find out about and use support services and resources, such as voluntary and community organisations, charities, family and friends, self-help strategies, self-help groups, health related organisations, leaflets, books and other written information, internet information, social media, as well as NHS health care. This will allow us to make recommendations about improving access to support.

We are speaking with up to 32 people who are 12-18 months post treatment. We are sending out invites to questionnaire participants who said they are happy to be contacted about other research, so you may hear from us!

All information which is collected about you during the course of the research will be kept strictly confidential.

**Sharing your stories matters to us! Anything you tell us will be of benefit and will help us towards improving the lives of other people going through similar experiences.**

**Thank you to those who have already taken part in an interview!**

### Any questions:

For questions about the HORIZONS qualitative study please:



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